

AKA helps and empowers people to live life after a devastating, traumatic injury. We promise to listen, nurture and guide as their happiness and wellbeing underpins everything we do. We focus on practical and emotional support in the community and drive the industry for consistently high standards of performance and professionalism.

**Jo Sims RN-A**  
Clinical Case Manager

**Based in:** Doncaster

**Expertise:** Brain injury, Cerebral Palsy, epilepsy, adult, children, substance abuse

**Clinical Case Manager (September 2013 – Present)**

Working at AKA Case Management Limited to provide a collaborative service that assesses, plans, implements, monitors and evaluates support options and services that meet the unique needs of a person who has suffered traumatic injury.

Examples of my current case load include:

- Working with a 33 year old man who had been in residential care for some years following an emergency placement, including working closely with his OT to secure an assisted adult living placement, getting funding agreed and then implementing with social services to give him a chance to live independently within that supported structure.
- Working with a 54-year-old woman who is currently in a nursing home living with a severe brain injury. By appointing a full team of therapists, she has now started to walk. We have appointed her own 2-1 staff to enable her to fully engage in a full rehabilitation programme. We are supporting her to work towards her ultimate goal of living her own home with her own staff.
- Working with a 7-year-old boy with Cerebral Palsy. Within 7 months of taking over the package, he started to walk independently, communication improved, and he can also dress and undress himself, with the help of the rehab team appointed.
- Working with a 20-year-old woman supporting her to complete an independent living trial. This client struggles to accept the difficulties her brain injury imposes on her and this is managed by a full team of neuro rehabilitation therapists including and Neuropsychologist.
- Working with a 24-year-old woman who suffered a brain injury in a road traffic accident. The trust she has in her team along with her own motivation has so far enabled her to achieve her goals of a return to work and a return to driving.

### Achievements:

- Completed the Royal College of Nursing's Clinical Leadership Programme.
- Attained Registered Nurse status aged 37 after completing a 3 year advanced diploma in nursing studies at Sheffield University.
- I completed much self-directed learning on the study of Epilepsy after my son was diagnosed with the condition. Having gained much knowledge and understanding I was asked to be the Neurological Centre's "Epilepsy link Nurse".
- Ensuring my mother died at home in her own bed in her own bedroom as she so wished despite firm resistance from other health and social care professionals. (The achievement I'm most proud of, because everyone should retain choice and control at whatever stage of their life).
- One of the first nursing managers nationwide to complete the skills for care 4 day "well led programme".

### Professional Memberships

- Registered Advanced Practitioner Member of British Association of Brain Injury Case Managers (BABICM)
- Registered with the Nursing and midwifery Council (NMC)
- Member of the Royal College of Nursing
- On-going commitment to continuing professional development in accordance with NMC requirements.
- Committee member of the South Yorkshire Acquired Brain Injury Forum (SYABIF) and Treasurer of the forum

### Most Recent Training

- BABICM 2 day conference "Great expectations: spotlight on clinical excellence" 2024
- "Next steps" physio training 2024
- "Sex: beyond capacity and risk" 2024
- "The sexual offences act: understanding the nuances when supporting P". 2024
- "Managing clients and their expectations" 2023
- "Managing employee's stress and anxiety" 2023
- "Can arts therapies help" 2023
- "Fluctuating capacity: a practical guide. 2023