



Call us on **0115 711 7070**

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AKA helps and empowers people to live life after a devastating, traumatic injury. We promise to listen, nurture and guide as their happiness and wellbeing underpins everything we do. We focus on practical and emotional support in the community and drive the industry for consistently high standards of performance and professionalism.

**Debbie Hogan**  
**Senior Mental Health Nurse Practitioner/Prescriber**  
**Case Manager**

**Based in: South Yorkshire**

**Expertise:** Supporting clients with significant and enduring mental health issues, complex personality difficulties, past trauma including those with acquired and traumatic brain injury.

**Case Manager (from August 2024)**

Prior to working in case management, I have been employed by multiple statutory and NHS services supporting clients with mental health issues and brain injury in a range of settings including the community. For 16 years I have worked as a senior mental health nurse in a high security prison, responsible for the primary care section of the integrated mental health team and the management of the triage assessment system ensuring that all referrals are completed in a timely manner, in accordance with NICE guidelines.

I am competent in undertaking assessments and providing an evaluation of patient's mental health needs utilising relevant documentation and clinical tools. I frequently deliver evidenced based care according to care plans and treatment regime. Many individuals with significant mental health issues are a direct result of trauma including ABI and TBI, I am therefore familiar with assessing clients with dual diagnosis and recognising the signs and symptoms of both mental health needs and brain injury. I am experienced in referring clients to appropriate services required to meet their needs, working as part of a collaborative Multi-disciplinary Team with a timely approach to the client's needs to ensure client goals are met.

During many years in my nursing career I have built extensive experience in evaluating risk and completing comprehensive risk assessments for high risk clients with complex mental health disorders, history of offending, challenging behaviour, self-harming/injurious behaviours, substance misuse and suicide to provide rapid assessment in order to maintain client safety, reduce distress and formulate a crisis management plan. I am confident in assessing their needs, recommending appropriate treatment plans, and working together with a multi-agency approach.

I am experienced in the delivery of evidenced based short-term interventions namely Cognitive Behaviour Therapy (CBT) in accordance with NICE guidelines. CBT is a structured approach to treatment and maintains professional boundaries which aims to keep the individual engaged



AKA Case Management is about helping people live life to the full after injury.

*a fuller*  
**Live life**

to promote rehabilitation. This has enabled me to develop excellent interpersonal skills and communication skills both written and in verbal communication should a difficult situation arise where an individual is emotional or distressed. I have the ability to adapt to challenging and changing circumstances that can occur through managing complex cases and make necessary clinical decisions.

Throughout my career, I have managed complex caseloads, and I am able to provide detailed and comprehensive reports which are client centred and draw upon creative ways to meet the client's needs in order to enable progression and promote meaningful, well monitored rehabilitation.

### **Qualifications, Achievements and Memberships**

- Registered Mental Health Nurse
- Nurse Prescriber

### **Most Recent Related Training**

- Principles of Cognitive Behaviour Therapy
- Autism Assessment
- Safeguarding adults
- Safeguarding children
- Managing conflict resolution
- Managing conditioning and compromise
- Learning disability assessment
- Royal College of General Practitioners - managing substance misuse
- Improving access to psychological therapy service delivery (IAPT)